

Moral Distress and Moral Injury in Inclusion Health Especially

1. life and death situations
2. Waiting lists
3. High REF criteria
4. Multiple complex needs
5. Fragmented service delivery and budgets
6. Fundamental misunderstandings between different parts of Health System...
7. Multiple health systems and
8. Health system in Crisis
9. Stigma
10. No Recourse to Public Funds
11. Major misunderstandings by governmental officials

CONNECTION

' Several moments later I felt myself falling into a trancelike sleep. I felt soothed by a warm comforting light and then came a **flood of images** – of the many people **who loved me** throughout my life, of a community going as far back in my childhood as I remember, a **web of connection that held me.**' (p189)

Deborah Harding, kidnapped at knife point, sexually assaulted, and left to die at the age of 14

in her book '*Dancing with the Octopus*'.

AND AGAIN....

'At this moment of complete physical depletion, **Dad's image surfaced, flooding me** with that **love** only he could make me feel....

Again I felt **Dad's love** for me, undeniable, solid, a **rope hold out of this nightmare'** (p 192).

Deborah Harding (2).

REFERENCES

1.

<https://www.bma.org.uk/advice-and-support/nhs-delivery-and-workforce/creating-a-health-y-workplace/moral-distress-in-the-nhs-and-other-organisations> (13.05.23)

2. Harding, D., 'Dancing with the Octopus', (2020), Profile Books