

SHRINE - sexual and reproductive health, Rights, Inclusion and Empowerment for key populations.

Everyone has human rights. One of them is the right to health which includes a right to sexual and reproductive health (SRH). About 5% of the population either use drugs and alcohol problematically, have a serious mental illness or intellectual (learning) disability and are less likely to be served by conventional SRH provision.



% Overall population

- Serious Mental Illness (SMI)
- Severe Addiction (SA)
- Severe Learning Disability (SLD)
- All others (AO)

People in the SHRINE target groups are 3 to 10 times more likely to acquire a sexually transmitted infection and HIV than the population at large.

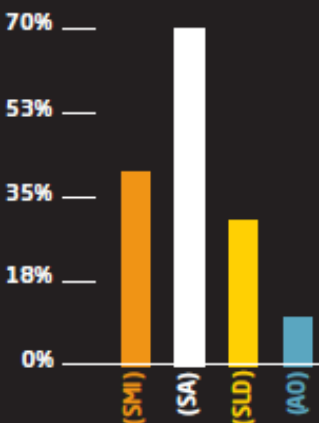
UK maternal deaths



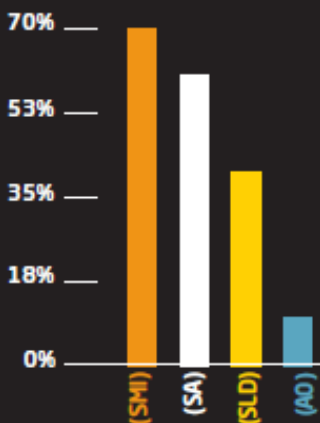
Parent of child in the care system



Lifetime risk of becoming a victim of rape - women



Prevalence of sexual dysfunction



People in the SHRINE target groups are at a much higher risk of the worst possible outcomes of sex: HIV, rape, maternal death, child taken into care. They are also much less likely to enjoy their sex life than the rest of the population

The cost of 1 child going into care from birth to 18 years old can be prevented with effective sexual and reproductive health care and will save over £670,000 in social care services for local authorities.

How did it come to this?

- People in the SHRINE target groups have a much reduced life expectancy. Other problems are often more important than SRH both for individuals and professionals involved in their care
- Some care providers are concerned that addressing SRH will be seen as discriminatory
- SRH care needs are often complex and people from these groups may be unable to access mainstream SRH services.

What is SHRINE doing to address these inequalities?

- Providing clinician-led SRH services where our individuals are: in addiction treatment centres, mental health services, homeless centres and hostels etc
- Improving access to and provision of care in mainstream SRH centres
- Developing trainings to skill up frontline workers to start the conversation around SRH
- Researching and developing a human rights based approach to clinical care

Shrine has two consultants providing frontline services

Dr Rudi Pittrof

(assertive outreach and in-reach clinics)

Dr Usha Kumar

(priority access appointments at Camberwell Sexual Health Clinic)

We offer a full sexual and reproductive health service for people with complex needs:

- STI testing and treatment
- Advice about contraception options and provision of contraceptive methods
- Lumps and bumps
- Pregnancy testing
- HIV testing, facilitate link with treatment and support services
- Smear testing
- Gynaecological care (i.e. period problems)

How to contact SHRINE:

020 3299 5038 or email kch-tr.SHRINEReferral@nhs.net